



Habits of Mind

Listening with Understanding and Empathy

means

- Understanding → Knowing what others are going through.
- Listening → Helping others by knowing how they feel.
- Eye contact → Listening to what others have to say.
- Don't talk, listen →

220,000 Victorians are living with Epilepsy.

Discuss this fact and jot key points on the Y-Chart below in regard to Listening with Empathy.

Looks Like

Sounds Like

Feels Like